



William Scott

Vision Restored by a Trusted Surgeon

Cataract surgery, combined with the latest in premium lens implants, saves vision and frees patients from the inconvenience of glasses and contact lenses.

“I actually thought I was going blind. I was really afraid.” That’s the way William Scott, a retired pipefitter originally from Pittsburgh, describes his state of mind just prior to seeking help for his vision problems.

“I couldn’t see things up close,” he adds. “When I put the dishes away, I would be jabbing myself with forks and knives as I reached into the sink because I couldn’t see them. It was like there was a big cloud over whatever I was looking at, and I just couldn’t see through it.”

Concerned, William first went to see his primary care doctor, who immediately sent him to an eye specialist he trusted. “I’ve had a few bad experiences with doctors down here in Florida, but my doctor referred me to Dr. Ge, and he was right about her.”

“Safe and comfortable”

Q. Jocelyn Ge, MD, PhD, is the medical director of Premier Eye Clinic in Port Orange, a full-service, patient-oriented facility that combines compassionate care with advanced technology. “I prefer

to know my patients,” the doctor shares. “I feel this gives better results because no two patients are the same, and no two eyes are the same.”

As soon as William met with Dr. Ge, he says he felt better about the future of his own eyesight. “I was very impressed with her knowledge and caring,” he recalls. “She put me at ease and helped me understand that it wasn’t as bad as I thought it was. I felt very safe and comfortable with her.”

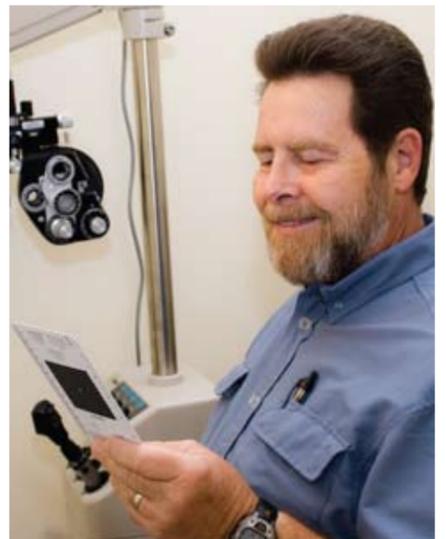
In that first visit, he gained some very valuable information about his eyes. First, the doctor explained that he was developing a cataract and that his condition was completely treatable. Additionally, William learned that, despite a diagnosis of glaucoma many years prior, for which he had been medicated since, he did



an eye specialist, Dr. Ge informs, and it can occur on its own or temporarily as a side effect of eye surgery. Symptoms of dry eye syndrome include a gritty, scratching feeling; and tired or tearing eyes.

In William’s case, difficulties emerged about two days after the procedure, but he notes that the doctor cleared up the problem immediately. “I had my surgery on a Friday and, by Sunday, it was like something was scratching at my eye. She gave me medication, and she put plugs in my eye so the tears wouldn’t go down into the corner. The plugs kept the moisture in my eyes,” he explains.

“Dr. Ge did things that I had never heard of before,” William continues. “I had a cataract replaced fifteen years ago with just a basic lens, and I wish I could have had that done now because of this new ReSTOR lens. And when you look at her walls, with all of the diplomas she has, and then you see how much she cares about her patients, well...I just feel safe



Visit Premier Eye Clinic on the web at
www.PremierEyeClinic.com

Help for Dry Eyes

Do you suffer from any of the following: a sandy or gritty sensation in the eye, eye pain, the feeling that something is in the eye, easily tired eyes, or tearing? If so, Dr. Ge has information to share about dry eye syndrome and its treatment.

One of the most common eye conditions, affecting all age groups, dry eye syndrome is particularly prevalent in women and in the elderly. Causes of dry eye syndrome include medications, environment, hormonal changes, and inflammatory medical conditions such as lupus, thyroid disease, and rheumatoid arthritis.

In addition, according to Dr. Ge, eye surgeries like LASIK and cataract surgery sometimes temporarily intensify the symptoms because of the necessity of an incision on the surface of the eye. This is temporary because the eye heals. Because of this effect, however, the doctor says she often pre-treats dry eye patients in advance of the surgical procedures to prevent problems after surgery.

An added advantage of pre-treatment of dry eyes is that it allows for more accurate eye measurements. When the eyes are very dry, Dr. Ge explains, eye measurements become unstable or inaccurate, which creates the risk that patients will not be able to achieve the glasses-free benefit of premium intraocular lens implants.

Treatment of dry eye syndrome, she says, begins with over-the-counter lubricants called artificial tears. If the artificial tears are not sufficient, treatment proceeds to prescription medication such as Restasis®, which helps the eye to produce more tears. For many patients, a nutritional supplement such as fish oil is also beneficial in improving blepharitis (eyelid disease) and dry eyes. Another treatment option is an office procedure called punctal occlusion which involves closing the tear duct by inserting a synthetic plug at the tear duct opening, providing immediate results with minimum risk. Dry eye syndrome oftentimes is not an isolated condition. The eyelids and eyelashes affect the dry eye condition and may also need to be treated, Dr. Ge notes.

Above all, there’s no need to suffer with dry eye syndrome, Dr. Ge assures. Treatment is abundant, safe and effective, and the relief is well worth the effort.

not actually have glaucoma at all. “She tested me and I didn’t have it,” he shares, expressing his relief.

Given his level of comfort with Dr. Ge, William went ahead with the cataract surgery, choosing to have the ReSTOR® premium lens implanted. And, in fact, he reports that his trust in the doctor was so complete that he kept falling asleep during the procedure. “It was funny,” he says, “because you’re supposed to be awake for the surgery.”

Afterward, William was thrilled to discover how precise his vision had become. “I see really well, I tell you. I don’t wear any contact lenses or glasses anymore. I can see far, I can see medium distances, and I can read.”

Dry eye syndrome

One problem he did experience immediately after surgery, a condition known as dry eye syndrome, is one of the most common reasons for patients to consult

going to see her.”

So safe, he adds, that he trusts the doctor with the care of his wife and daughter as well. “I’m just very impressed with her professionalism and her caring. I just can’t explain how comfortable she made me feel, and I know she won’t do anything to harm me. I don’t hesitate to put my vision in her hands.” **FHCN—Brenda Klettke**

Your Vision, Our Commitment

Dr. Ge and the staff of Premier Eye Clinic look forward to meeting readers of *Volusia Health Care News*. The office is located at **1515 Herbert Street, Suite 208**, in Port Orange, telephone **(386) 788-6198**.

Q. Jocelyn Ge, MD, PhD, received her medical degree from the Vanderbilt University School of Medicine and her PhD from the University of California. She completed her internship at the University of Tennessee Medical Center at Knoxville and her Ophthalmology residency at the Tulane University Hospital and Clinics in New Orleans. In 2005, Dr. Ge was one of the ten ophthalmologists in the U.S. who received the prestigious American Society of Cataract and Refractive Surgery (ASCRS) Foundation research grant. She is active in research and has presented her results at major national conferences, including the Association for Research in Vision and Ophthalmology (ARVO), ASCRS, and the American Academy of Ophthalmology. Most recently, she received the American Medical Association’s Physician Recognition Award with Commendation for her achievement in continued medical education.

